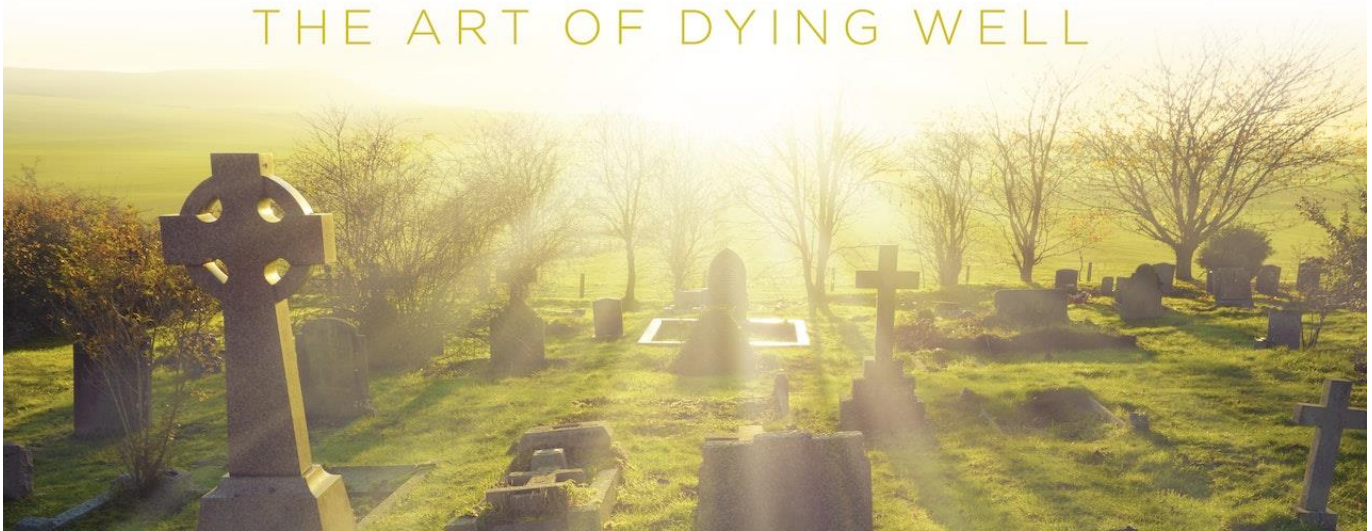


ETERNAL REST™

THE ART OF DYING WELL



We all have very real questions about death. What happens when we die? What does Scripture teach about death? How do we prepare for the life to come?

Eternal Rest study examines the origin of death, the afterlife, and the powerful reality around the sacrament that ushers us into eternal life. This study presents the Catholic Church's teaching about death and God's response to it with wisdom and truth, gentleness and compassion, so we can think about and prepare for death in the light of Jesus Christ, the Author of life.

Begins the week of Jan. 7.

CLASSES: **in-person** – Sun. @ 9:35 am or Mon. @ 7 pm or Tues. @ 10:30 am
independent – on your own time

STUDY GUIDE: Pickup one in the FLC or download one on FORMED.org

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Contact Paula Raffaele with any questions – faithformation@stcparish.org