

Forgiven – Preparing Your Child for 1st Reconciliation

1. Practice what you preach.

2. Teach the 10 Commandments.
 - a. give a positive view of morality – “yes” to life – Life in Christ
 - i. ex. Don’t touch a hot stove

 - b. Jn 10:10 - I came that you may have life, and have it abundantly.

3. Practice a nightly examination of conscience (silently) & act of contrition.

4. Read the great mercy parables (Luke 15 The lost sheep / coin / son).
 - a. We will sin.
 - i. Rom 3:23 – for all have sinned and fall short of the glory of God.
 - ii. 1 Jn 1:8 – If we say that we have no sin, we deceive ourselves, and the truth is not in us.

 - b. God knows we will sin and wants us to come to him to restore our relationship.
 - i. Luke 15:7 – I tell you that in the same way there will be more rejoicing in heaven over one sinner who repents than over ninety-nine righteous persons who do not.

 - c. You are lovable, capable, worth it.

 - d. God loves us just as we are – but too much to leave us there!

5. Live and witness mercy in the home.
 - a. Celebrate after receiving the Sacrament of Reconciliation.
 - b. Give family permission to ask you for an apology.
 - c. Set aside family time to reconcile.

6. Pray the Divine Mercy devotion – “Jesus, I trust in you.” - thedivinemeracy.org

7. Role-play confession with your child.