

# PRAYER – Grace Before Meals

## **articles:**

- <https://aleteia.org/2018/07/17/how-to-say-grace-before-meals/>
- <https://www.thoughtco.com/grace-before-meals-542644>
- <http://www.newadvent.org/cathen/14554c.htm>
- [https://www.washingtonpost.com/local/social-issues/when-it-comes-to-saying-grace-americans-are-still-united/2017/06/16/153e6044-4ade-11e7-9669-250d0b15f83b\\_story.html?noredirect=on&utm\\_term=.67bdc6aec5a0](https://www.washingtonpost.com/local/social-issues/when-it-comes-to-saying-grace-americans-are-still-united/2017/06/16/153e6044-4ade-11e7-9669-250d0b15f83b_story.html?noredirect=on&utm_term=.67bdc6aec5a0)
- <https://www.crosswalk.com/faith/prayer/10-prayers-for-before-meals-short-simple-beautiful.html>

## **videos:**

- <https://www.catholic.org/prayers/prayer.php?p=128>

## **Bishop Barron – Word on Fire:**

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## **youtube videos:**

- [https://www.youtube.com/results?search\\_query=grace+before+meals+for+kids](https://www.youtube.com/results?search_query=grace+before+meals+for+kids)
- [https://www.youtube.com/results?search\\_query=grace+before+meals](https://www.youtube.com/results?search_query=grace+before+meals)

## **Busted Halo** (middle School → adult articles and videos)

- <https://bustedhalo.com/?s=grace+before+meals>

## **Catholic Central** (middle School +, family videos, discussion questions & activities)

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## **activity / coloring sheets:**

- <http://catholicblogger1.blogspot.com/2010/04/grace-before-meals-prayer-activities.html>
- <https://www.pinterest.com/pin/331296116323090543/?lp=true>