

Examination of Conscience for a Child

How am I as a child of God?

- Have I used the words “God” or “Jesus” in anger or with lack of respect?
- Do I try to learn about God from my parents, my teachers, from going to Mass, and reading the Bible?
- Do I pray every day for myself and for others?
- Do I remember to thank God for the good things I have done or received?
- Do I take opportunities to help others?
- Do I pay attention and participate in Mass?
- Do I do all I can to make Sunday a day of rest and joy for my family?

How do I act in my family?

- Have I disobeyed or lied to my parents?
- Have I mistreated my parents and sisters and brothers?
- Do I always try to get my own way?
- Do I help with family chores?
- Am I grateful for my family?
- Am I grateful for all they do for me?

What kind of friend am I?

- Do I play fairly?
- Do I welcome others?
- Do I speak badly or gossip about others?
- Am I willing to share my things, my friends, and my time with others?

What kind of student am I?

- Do I try my best?
- Do I cooperate with the teacher and with my classmates?
- Do I ever cheat or disrupt the class?
- Do I do my homework and other schoolwork the best I can?
- Do I make up stories about others to get them in trouble?
- Do I purposely do things that I know my parents would not approve of?
- Do I destroy my own belongings or those of others?

What kind of person am I?

- Do I say bad words?
- Do I let my anger get the best of me?
- Do I take advantage of people?
- Do I treat people badly?
- Am I only concerned with what I want?
- Am I jealous or envious of the things or abilities others have?
- Do I have serious faults?
- Do I purposely lie or steal? (to get what I want or to protect myself from being punished)