## The Liturgical Year

The Liturgical Year is an annual cycle of seasons \& feasts that celebrates the Paschal Mystery, especially focusing on Christ's Death \& Resurrection (Easter), \& Birth (Christmas).

It is meant to draw us into the Mystery of Christ, helping us to experience His divine life more fully and deeply.

This includes remembering \& celebrating the lives of the saints, especially Mary, the Mother of God.


Immaculate Conception - Dec. 8

## Christmas

December 25

| Baptism of the Lord | 16-22 days |
| :---: | :---: |
| (3rd Sunday after Dec. 25) | ( Sundays ) |

Christmas - Dec. 25
Mary Mother of God - Jan. 1

| Ordinary Time | Monday after <br> Baptism of the Lord | Tuesday before <br> Ash Wednesday | varies |
| :--- | :---: | :---: | :---: |
| Lent | Ash Wednesday <br> (46 Days before Easter) | Wednesday before <br> Easter | 40 ish days <br> $(6$ Sundays $)$ |


| Triduum | Sundown on the <br> Thursday before Easter | Sundown on Easter | 3 days |
| :--- | :--- | :---: | :---: |
| Easter | Sunday following the <br> Paschal full moon * | Pentecost <br> (7th Sunday after Easter) | 50 days <br> $(8$ Sundays $)$ |

Ascension of the Lord - 40 Days after Easter

| Ordinary Time | Monday after <br> Pentecost | Saturday before <br> Advent | varies <br> (34 Sundays <br> combined OT ) |
| :---: | :---: | :---: | :---: |
| Assumption of Mary - Aug. 15 |  |  |  |
| All Saints Day - Nov. 1 |  |  |  |

NOTE: Holy Days of Obligation are listed in italics www.usccb.org/calendar www.romcal.net

* Pascal full moon - The full moon that falls on or after the vernal (spring) equinox.
https://www.youtube.com/watch?v=SvVnqDsv07c
https://www.youtube.com/watch?v=Z1ZiJIWVusk
https://www.youtube.com/watch?v=EXTGUBSmuq4

