

# You are Sent - Session 1 - Jesus Sends the Holy Spirit

## Key Points

- Pentecost is when Jesus sent the Holy Spirit upon the Apostles.
  - This was the beginning of the mission of the church.
- The Holy Spirit is the third divine Person of the Holy Trinity.
  - He is the love between the Father and the Son.
- The Holy Spirit comes to dwell in our hearts at Baptism.
- Water, fire, a dove, and wind are symbols of the Holy Spirit.
- The Holy Spirit guides the Church, especially the Magisterium, the teaching office of the church.



*KEY WORDS:* Holy Spirit, Pentecost, consubstantial, sanctify, magisterium, martyr

# You are Sent - Session 2 - The Gifts & Fruits of the Holy Spirit

## Key Points

- Jesus promised to send the Holy Spirit as our Helper, Advocate, and Counselor.
- The Holy Spirit gives us his Seven Gifts in Baptism and strengthens them in Confirmation:
  - wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord.
- The Holy Spirit gives different charisms to each baptized person for the good of the whole church.
- Knowing & using the Gifts of the Holy Spirit produce the Fruits of the Holy Spirit in our lives:
  - love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.



*KEY WORDS:* advocate, counselor, paraclete, reverence, charism

# You are Sent - Session 3 - The Sacrament of Confirmation

## Key Points

- Confirmation perfects Baptism.
- The effects of confirmation on our souls and in our lives include ...
  - Strengthens our identity as children of God.
  - Unites us more closely to Jesus and strengthens us to be more like him
  - Increases the 7 Gifts of the Holy Spirit in us to help us be holy followers of Jesus.
  - Unites us more closely to God's family, the Church.
  - Gives us the power of the Holy Spirit to go out & be witnesses to Jesus through our words & actions – just like the Apostles at Pentecost.
- We choose a Confirmation ...
  - **sponsor** to witness the Christian life to us and help us live that life.
  - **saint** to be an ex. of virtue & the Gifts & Fruits of the Holy Spirit, to always be close to & pray for us.



*KEY WORDS:*

bishops, seal, sponsor, saint, baptism, confirmation



# You are Sent - Session 4 - Receiving the Sacrament of Confirmation

## Key Points

- Jesus breathed the Holy Spirit on his Apostles on Easter Sunday.
- In Confirmation we receive the same Spirit of peace that Jesus gave to His Apostles.
- The actions, materials, and words that make up the Rite of Confirmation are signs that reveal to us the grace that is given in the sacrament.
- The laying on of hands is a sign of calling down the Holy Spirit & his 7 Gifts on a person.
- The anointing with Sacred Chrism is a sign of the permanent seal of the Holy Spirit and his presence and power in our souls.



*KEY WORDS:* anoint, consecrate,  
minister, rite, sacred chrism, Christ, Messiah

# You are Sent - Session 5 - Sent on a Mission

## Key Points

- Jesus sent his Apostles out into the world to preach the Good News to all nations and baptize them, this is called the Great Commission.
- Through Baptism and Confirmation, Jesus sends each of us on a mission to witness to him and help build up the church.
- Jesus is always with us through the Church and the sacraments to help us on our mission.
- We share God's love by serving others through the Corporal and Spiritual Works of Mercy.
- The Eucharist is the source and summit of the Christian life.

















## *KEY WORDS:*

Great Commission,  
charity, evangelization,  
Corporal & Spiritual Works of  
Mercy, mission, discernment

## THE WORKS OF MERCY

### CORPORAL & SPIRITUAL

FEED THE HUNGRY 	INSTRUCT THE IGNORANT 
GIVE DRINK TO THE THIRSTY 	COUNSEL THE DOUBTFUL 
SHELTER THE HOMELESS 	ADMONISH SINNERS 
CLOTHE THE NAKED 	FORGIVE OFFENSES 
VISIT THE SICK 	COMFORT THE AFFLICTED 
VISIT THE IMPRISONED 	BEAR WRONGS PATIENTLY 
BURY THE DEAD 	PRAY FOR THE LIVING AND THE DEAD 

# The Rite of Confirmation

<b>PART of MASS</b>	<b>CLERGY</b>	<b>CANDIDATE</b>
<i>Gospel</i>		
<i>Presentation of Candidates</i>	.....	<b>PRESENT</b>
<i>Homily</i>		
<i>Renewal of Baptismal Promises</i>	Do you renounce Satan, ...	<b>I DO.</b>
<i>Laying on of Hands</i>	Dearly beloved, let us pray ...	<b>AMEN.</b>
<i>Anointing with Chrism</i>	Be sealed with the Gift of the Holy Spirit.	<b>AMEN.</b>
	Peace be with you.	<b>AND WITH YOUR SPIRIT.</b>
<i>Universal Prayer</i>		