

Enhance your Lent by participating in CRS's Rice Bowl.

FOR LENT FOR LIFE



Photo by Oscar Linares/Silverlight for CRS

This Lent, commit to our global human family through

- Daily prayer
- Weekly fasting
- Almsgiving

Jesus asks us to care for our sisters and brothers and to recognize him in them. With CRS Rice Bowl as our guide, we can answer to this Gospel call.

What you give up for Lent changes lives.

For more information, stories of hope, recipes & reflections, go to:
<https://www.crsricebowl.org>

 **CRS RICE BOWL**
CATHOLIC RELIEF SERVICES

Please return your Rice Bowl at the end of Lent.