

Rosary

The purpose of the Rosary is to help keep in memory certain principal events in the history of our salvation. There are 20 mysteries reflected upon in the Rosary, and these are divided into the 5 Joyful Mysteries, the 5 Luminous Mysteries, the 5 Sorrowful Mysteries, and the 5 Glorious Mysteries.



The question is sometimes asked, why, of all the incidents in our Lord's life, the Rosary only considers these particular 20. The mysteries of the Rosary are based on the incidents in the life of Our Lord and His Mother that are celebrated in the Liturgy. There is a parallel between the main feasts honoring our Lord and his Mother in the liturgical year, and the 20 mysteries of the Rosary. Consequently, one who recites the 20 mysteries of the Rosary reflects on the whole liturgical cycle that the Church commemorates during the course of each year. That is why some of the Popes have referred to the Rosary as a compendium of the Gospel.

The repetition in the Rosary is meant to lead one into restful and contemplative prayer related to each Mystery. The gentle repetition of the words helps us to enter into the silence of our hearts, where Christ's spirit dwells. The Rosary can be said privately or with a group.

Introductory Prayers

The introductory prayers set the stage for the rosary. They prepare you for deeper reflection when you pray the decades.

Either before or after the introductory prayers, think of any needs or struggles in your life and bring them to Mary. She cares for you like a loving mother, and wants to take your needs to Jesus. If you are praying with a group, you can say your intentions out loud so the rest of the group can pray for them as well.

<u>While holding the</u>	<u>Pray the</u>	<u>Notes</u>
Crucifix	Sign of the Cross Apostles' Creed	
1st large bead	Our Father	For the intentions of the pope.
3 small beads	Hail Mary	For an increase in faith, hope, and love.
space after the 3 rd small bead	Glory Be	

Once you've prayed these introductory prayers, you are ready to begin the first decade.

Rosary

The Joyful Mysteries

Monday & Saturday and Sundays of Christmas

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. Finding Jesus in the Temple

The Glorious Mysteries

Wednesday & Sunday

1. The Resurrection
2. The Ascension
3. The Coming of the Holy Spirit
4. The Assumption
5. The Coronation of Mary as Queen of Heaven

The Sorrowful Mysteries

Tuesday & Friday and Sundays of Lent

1. The Agony in the Garden
2. The Scourging
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

The Luminous Mysteries

Thursday

1. Jesus' Baptism in the Jordan
2. The Miracle at the Wedding Feast in Cana
3. Jesus Announces the Kingdom of God
4. Transfiguration
5. Institution of the Eucharist

Day	Mysteries
Sundays	Glorious, Joyful in Christmas Season, Sorrowful in Lent
Mondays	Joyful
Tuesdays	Sorrowful
Wednesday	Glorious
Thursdays	Luminous
Fridays	Sorrowful
Saturday	Joyful

Rosary

The prayer leader prays the words in blue
& everyone else responds with the rest of the prayer.

The Sign of the Cross

(said to start the rosary prayer)

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.

The Apostles' Creed

(said at first, holding the crucifix)

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.

The Lord's Prayer

(said holding the single large bead before each decade)

Our Father, who art in Heaven, hallowed be Thy name;
thy Kingdom come, thy will be done
on earth as it is in Heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen

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The Hail Mary

(said holding each of the 10 beads in the decade)

Hail Mary full of Grace, the Lord is with thee.
Blessed are thou amongst women
and blessed is the fruit of thy womb Jesus.
Holy Mary Mother of God,
pray for us sinners
now and at the hour of our death.
Amen.

The Glory Be

(said at the end of each decade)

Glory be to the Father,
and to the Son,
and to the Holy Spirit
As it was in the beginning, is now, and ever shall be,
world without end.
Amen.

The Fatima Prayer

(said after the Glory Be at the end of each decade)

O my Jesus, forgive us our sins,
save us from the fires of hell;
lead all souls to heaven,
especially those who have most need of your mercy,
the born and the unborn Amen.

The Hail, Holy Queen

(said after the final decade)

(The Salve Regina)

Hail, holy Queen, mother of mercy,
our life, our sweetness, and our hope.
To you we cry, poor banished children of Eve;
to you we send up our sighs,
mourning and weeping in this valley of tears.
Turn, then, most gracious advocate,
your eyes of mercy toward us;
and after this, our exile,
show unto us the blessed fruit of your womb, Jesus.
O clement, O loving, O sweet Virgin Mary.

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The Final Prayer

(said after the Memorare)

Pray for us, O holy Mother of God.

That we may be made worthy
of the promises of Christ

Let us pray:

O God, whose only begotten Son,
by His life, death, and resurrection,
has purchase for us the rewards of eternal life.
Grant, we beseech Thee,
that by meditating on these mysteries
of the most holy Rosary of the Blessed Virgin Mary,
we may imitate what they contain
and obtain what they promise,
through the same Christ our Lord.
Amen.

The Sign of the Cross

(said to end the rosary prayer)

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.