CONFIRMATION SAINT NAME

One of the important decisions you must make is to select a Confirmation Saint. This saint will become your advocate & spiritual guide for the rest of your life.

You may choose your baptismal name or a new Christian name.

Recommitting to your baptismal name:

The 3 Sacraments of Initiation (Baptism, Confirmation & Eucharist) each mark significant milestones in the lives of young Catholics. The bond between baptism and confirmation is perhaps the most direct.

The Catechism of the Catholic Church says that confirmation is the deepening of baptismal gifts as bestowed by the Holy Spirit. (CCC 1285)

Church leaders, therefore, encourage youths to reinforce that connection by accepting their baptismal name for confirmation. Keeping one's baptismal name constitutes a formal renewal of the graces bestowed at baptism.

Choosing a new Christian name:

Many young Catholics choose a new Christian name for confirmation. This is in no way a renunciation of their baptismal names, but rather, it symbolizes their entering a new stage of their lives as Catholics.

Receiving a name at Confirmation has several different sources in the history of the Church. In Scripture, receiving a new name is often associated with a change of life.

ex. Abram -> Abraham, Simon -> Peter, Saul -> Paul.

To take on a new name at Confirmation similarly carries with it the idea that you are asking for the Lord to change you. You're asking Him to affirm you like He's never done before and to give you strength to live your faith more fully and with more life than you ever could have imagined.

WEB Resources:

Use the following sights to learn more about Saints. Look up ... your Baptismal name, your family's birthdays, an occupation or medical condition or favorite type of animal, or branch of the military or a city or country ... and read about its patron saint!

History of Patron Saints:

http://catholicism.about.com/od/thesaints/p/Patron Saints.htm

How to choose a Confirmation Saint Name:

http://www.aquinasandmore.com/catholic-articles/how-to-choose-a-confirmation-saint/article/349/sort/relevance/productsperpage/12/layout/grid/currentpage/1/keywords/confirmation

How to help your child choose their Confirmation Saint:

https://www.catholiccompany.com/blog/tips-help-child-choose-confirmation-saint

Patron Saint Directories:

http://www.catholic.org/saints/ http://www.americancatholic.org/ http://saints.sqpn.com/