

YOU ARE FORGIVEN – SCOPE & SEQUENCE

Session 1 – God Is Our Loving Father

OBJECTIVES

1. God is our loving Father who created all things good.
2. God creates man & woman in his image & likeness so he can share his life w/us.
3. Satan tempted A&E to not trust in God's love for them.
 - Adam & Eve disobeyed God's command.
4. Because of Adam & Eve's disobedience, we all suffer the consequences of Original Sin,
 - which includes our fallen nature & a broken r-ship w/God.
5. Because of His love for us, God promised to send a savior to restore our friendship w/Him.

KEY WORDS

1. **Eternal** – Having no beginning & no end.
2. **Image & Likeness of God** – The words the Bible uses to describe how God created man & woman as his sons & daughters with intellect & free will so that we can know him, love him & share in his friendship.
3. **Soul** – The invisible spirit of a human person that gives the body life and will never die.
4. **Angels** – Created spirits who have intellect and free will, but who do not have bodies.
5. **Tempted** – To be attracted to disobey God or do what we know is wrong.
6. **Savior** – One who saves or delivers another from harm. Jesus Christ saves us from sin & reconciles us to God.
7. **Reconcile** – To restore or to fix a broken relationship.
8. **Original Sin** – Our fallen state & the broken relationship with God we inherit as a result of Adam& Eve's 1st sin.
9. **Sin** – When we disobey God by choosing what we want instead of what God wants for us.
10. **Free Will** – The gift of choosing whether to love & serve God or not.

Memory Verse

Genesis 1:27

- “God created man in his own image, in the image of God he created him; male and female he created them.”

Key Points

1. God created everything that exists, and his creation is good.
2. God created man & woman in his image & likeness.
 - We are created for friendship with God – this is the only way to be truly happy.
3. God placed the 1st couple, Adam & Eve, in the Garden of Eden to live in his friendship.
 - But the devil tempted them, and they disobeyed God's command and sinned.
4. Adam & Eve's sin brought suffering & death into the world.
 - Every person to be born since has a fallen nature and a broken relationship with God.
5. God promised Adam & Eve that he would send a savior to fix the brokenness from sin.
 - The savior would be God's own Son, Jesus.
 - This is the beginning of the story of salvation history – God's plan to reconcile the world to himself.

YOU ARE FORGIVEN – SCOPE & SEQUENCE

Session 1 – God Is Our Loving Father

Let's Watch – God Wants You to Be Happy

God is the creator of everything that exists.

God created us out of love & in his image & likeness so we could have friendship with him.

When we sin, god wants to forgive us & restore our relationship with him.

Let's Read God's Word – In His Image and Likeness

God is eternal.

God created the world, and it was good.

God created Adam & Eve to share in his love & friendship.

God rested on the 7th day to invite all of creation to share in his life & friendship.

Let's Learn About Our Faith – In the Garden

Each person has an invisible soul, which gives us life and will never die.

God created the angels to be his messengers & helpers.

God gave us free will.

As a result of Adam & Eve's sin in the garden each of us suffer the effects of original Sin, which includes a fallen nature & a broken relationship with God.

Because of his love for us, God promised to send a savior to reconcile the world to himself.

Did You Know – Angels

God created angels with free will – and Lucifer & other angels were thrown out of heaven.

Satan & his demons try to ruin God's plans & tempt us to disobey God.

Let's Do Activities

God is our loving Father who created all things good.

God created man & woman in his image & likeness so he could share his life with us.

Story of a Saint – St. Francis of Assisi

St. Francis followed God's call to serve him even when his family & friends made fun of him.

He is known for his great love of animals & nature, as he saw God's love in all of creation.

Let's Read a Story – The Birthday Gifts

Nick & Sam give in to the temptation to sneak into their parents' closet & look at their birthday gifts before they receive them. When they accidentally break Sam's present, their Mom discovers what they have done.

YOU ARE FORGIVEN – SCOPE & SEQUENCE

Session 2 – God Reveals His Saving Plan

OBJECTIVES

1. After the Fall, God begins his loving plan of salvation.
2. Starting w/Abraham, God begins to form a Chosen People.
3. God makes covenants with his people that show them his great love.
4. After freeing his people from slavery,
 - God gives Moses the 10 Commandments to show us how to live happily.
5. The Old Testament prepares us for the coming of Jesus.

KEY WORDS

1. **1st Commandment** – I am the Lord your God: You shall not have strange gods before me.
2. **2nd Commandment** – You shall not take the name of the Lord your God in vain.
3. **3rd Commandment** – Remember to keep holy the Lord’s day.
4. **4th Commandment** – Honor your father & your mother.
5. **5th Commandment** – You shall not kill.
6. **6th Commandment** – You shall not commit adultery.
7. **7th Commandment** – You shall not steal.
8. **8th Commandment** – You shall not bear false witness against your neighbor.
9. **9th Commandment** – You shall not covet your neighbor’s wife.
10. **10th Commandment** – You shall not covet your neighbor’s goods.
11. **Chosen People** – God chose the people of Israel to share his love with the world.
12. **Covenant** – A sacred relationship with God that makes us part of God’s family.
13. **Ten Commandments** – The 10 laws given by God to Moses
 - that show us how to live as a part of God’s family.
14. **Salvation** – When God repairs our relationship with him that was broken by sin.
15. **Bible** – The Word of God, written down by human authors inspired by the Holy Spirit;
 - it tells the story of God’s love & his plan of salvation.
16. **Old Testament** – The 1st part of the Bible,
 - which tells the story of God’s people before God sent his Son, Jesus.

Memory Verse

Matthew 22:37-38

- “You shall love the Lord, your God, with all your heart and with all your soul, and with all your mind. This is the greatest and first commandment.”

Key Points

1. After the Fall, God begins his loving plan of salvation:
 - to bring everyone back into friendship with him.
2. Starting with Abraham, God begins to form his Chosen People.
3. God makes covenants with his people to show them his great love.
4. God gives Moses the 10 Commandments to show us how to live.
5. The Old Testament prepares us for the coming of Jesus.

YOU ARE FORGIVEN – SCOPE & SEQUENCE

Session 2 – God Reveals His Saving Plan

Let's Watch – Rules Aren't Bad

God gives us his commandments so we can be safe & happy.

God wants to forgive us when we sin.

God has promised that he will always be with us and never leave us.

Let's Read God's Word – The 10 Commandments

From the very beginning, God had a plan to reconcile his people to himself.

The Israelites are God's Chosen people.

God sent Moses to free the Israelites from slavery in Egypt.

God made a covenant with Israel at Mount Sinai.

God gave Israel the 10 Commandments to teach them how to live as part of his family.

The 10 Commandments are the laws of God's covenant.

Let's Learn About Our Faith – God Makes Us Part of His Family

God's plan of salvation is his plan to bring everyone back into friendship with him.

God's covenant shows his great love for his people.

God made a covenant with the Israelites, the descendants of Abraham, to make them his Chosen People.

The 10 Commandments are the laws of God's covenant.

God's laws teach us how to love God and love each other.

The Old Testament prepares us for the coming of Jesus.

Did You Know – What's in a Name?

God changed Abram & Sarai's name and gave them a new mission.

Let's Do Activities

God gives Moses the 10 Commandments to show us how to live.

After the Fall, God begins his loving plan of salvation.

Starting with Abraham, God begins to form a Chosen People.

God makes covenants with his people that show them his great love.

God gives Moses the 10 Commandments to show us how to live.

The Old Testament prepares us for the coming of Jesus.

Story of a Saint – St. Therese of Lisieux

St. Therese teaches us to do little things for Jesus & for others with great love.

Let's Read a Story - Rules

Nick is unhappy that he has a consequence for breaking a family rule. His older brother, Andrew, helps him see that it is important.

YOU ARE FORGIVEN – SCOPE & SEQUENCE

Session 3 – Jesus Comes to Save Us

OBJECTIVES

1. God the Father sent his Son to save us.
2. The Incarnation: The Son of God became man to save us from our sin
3. Jesus establishes the Church as the Kingdom of God on earth.
4. Jesus saves us from our sins through his Suffering, Death & Resurrection.

KEY WORDS

1. **Parables** – Stories Jesus told to teach people about god’s kingdom & how we are to live in it.
2. **Repent** – To turn toward God & away from sin with the desire to change one’s life.
3. **Blessed Trinity** – The mystery of 1 God in 3 Persons: Father, Son, & Holy Spirit.
4. **Incarnation** – The mystery that the Son of God became man.
5. **Messiah** – A Hebrew word meaning God’s Anointed One.
6. **The church** – The Kingdom of God on earth established by Jesus Christ on the foundation of the Apostles.
7. **Apostles** – The 12 men Jesus called to be the leaders of his Church.
8. **Paschal Mystery** – Christ’s work of redemption, made possible by his Passion, Death, Resurrection, & Ascension into Heaven.

Memory Verse

John 10:27

- “My sheep hear my voice and I know them and they follow me”

Key Points

1. When we sin, we run away from God,
 - but he always comes looking for us to bring us back home to him.
2. God the Father sends his Son to save us.
3. MYSTERY OF THE INCARNATION - The Son of God became man.
 - Jesus is both fully God and fully human.
4. Jesus established the Church as the Kingdom of God on earth.
 - he chose 12 Apostles to be the leaders of his Church.
5. PASCHAL MYSTERY - The event of Jesus’ Suffering, Death, Resurrection, & Ascension

YOU ARE FORGIVEN – SCOPE & SEQUENCE

Session 3 – Jesus Comes to Save Us

Let's Watch – Jesus: The Greatest Superhero

The Bible tells us the greatest story ever – the story of salvation.

Jesus is our true hero – he saves us from our sins.

We respond to Jesus by believing in him and loving him.

Let's Read God's Word – The Good Shepherd

God takes care of us like a good shepherd.

When we sin, we run away from God.

God always comes looking for us to bring us back home to him.

All of Heaven rejoices when we turn back to God.

Let's Learn About Our Faith – The Story of the Messiah

The Son of God became man. Jesus is both fully God and fully man. This is called the mystery of the Incarnation.

Mary is the perfect example of how to love and obey God.

Jesus is the Messiah, God's anointed one.

The church is the Kingdom of God on earth.

Jesus chose twelve Apostles to be leaders of his church.

The events of Jesus' Suffering, Death, Resurrection, and Ascension are called the Paschal Mystery.

Did You Know? – The Blessed Trinity

The Trinity is one of the great mysteries of our Faith because it means that even within God himself there is love.

Did You Know? – Lamb of God

Jesus is the new Passover Lamb, whose sacrifice on the Cross saves us from our sins.

Paschal (Passover) Mystery – Jesus' passion, Death, Resurrection & Ascension into Heaven.

Let's Do Activities

Be a Code Breaker

Know that God the Father sends his Son to save us.

Understand that Jesus saves us from our sins through his Death & Resurrection.

Jesus Finds the Lost Sheep

We are so important to Jesus that he will always search for us.

Story of a Saint – St. Jose Sanchez Del Rio

St. Jose was only 15 when he was martyred proclaiming the goodness of God and forgiving those who hurt him.

Let's Read a Story – The Deep End

When Sam doesn't listen to her dad, she ends up in a very dangerous situation. But her dad comes to her rescue and saves her, just like Jesus saves each of us.

YOU ARE FORGIVEN – SCOPE & SEQUENCE

Session 4 – The Church Continues

OBJECTIVES

1. Jesus establishes the Church to continue his mission on earth.
2. Jesus gave his Church the 7 sacraments.
 - Jesus continues to share his life with us through the sacraments.
3. Through Baptism we die to our sins and rise to new life in Christ.
4. Baptism makes us part of God's family and sharers in Christ's saving mission.

KEY WORDS

1. **Christ** – A Greek word meaning God's Anointed One (another word for Messiah).
2. **New Covenant** – The new & eternal covenant established through Jesus' Death & Resurrection
 - to invite everyone back into God's family &
 - make it possible for us to live forever with him in Heaven.
3. **Grace** – A special gift from God through which God shares his own life with us.
4. **Baptism** – The 1st sacrament that initiates us into the Christian life;
 - it forgives our sins,
 - gives us sanctifying grace,
 - and makes us members of God's family, the church.
5. **Sacraments of Initiation** – The 3 sacraments that make us part of the Church:
 - Baptism, Confirmation, & the Holy Eucharist.
6. **Sacraments of Healing** – The 2 sacraments that heal our souls: Reconciliation & Anointing of the Sick.
7. **Sacraments of Service** – The 2 sacraments that help us serve God & his Church:
 - Matrimony (marriage) & Holy Orders (the priesthood).
8. **Sanctifying Grace** – The gift of God's own divine life in us that makes us holy.
9. **Actual Grace** – God's gift to help us in each moment to love God and make the right choices.

Memory Verse

John 6:51

- "I am the living bread which came down from heaven; if anyone eats of this bread, he will live for ever."

Key Points

1. Jesus founded the Church to continue his saving mission.
2. Jesus gave the Church the 7 sacraments,
 - which convey his grace,
 - i. the gift of God sharing his own life with us.
3. The Apostles are the foundation stones of Jesus' kingdom, the Church.
4. Jesus chose Simon to be the leader of the Apostles,
 - gave him the keys to the Kingdom of Heaven, and
 - changed his name to Peter.
5. The 1st sacrament we receive is Baptism, in which
 - we die to sin and are raised to new life in Christ and
 - become members of the Church.

YOU ARE FORGIVEN – SCOPE & SEQUENCE

Session 4 – The Church Continues

Let's Watch – God is Here with Us

Jesus instituted the Church to be the sign of God's love in the world.
The sacraments are real signs of God's love so we can really know his love.
Sacraments give us grace so that we can share in God's life.

Let's Read God's Word – Foundation Stones

Jesus chose 12 Apostles to help him with his ministry of teaching and healing.
The Apostles were Jesus' special followers and friends.
The Apostles are the foundation stones of Jesus' kingdom, the Church.
Jesus chose Simon to be the leader of the Apostles, and he changed his name to Peter.
Jesus gave Peter the Keys to the Kingdom of Heaven.
When Jesus ascended to Heaven, he left the Apostles to lead his Church on earth,

- with Peter as the leader of the Apostles and the 1st pope.

Let's Learn About Our Faith – Jesus Establishes the Sacraments

Jesus' Death & Resurrection freed us from the power of sin death.
Jesus established the new Covenant to invite everyone back into God's family.
Jesus chose his 12 Apostles to lead the Church after he ascended into Heaven.
Peter was the leader of the Apostles and the 1st Pope.
Jesus gave the Church the 7 sacraments so that he could continue to share his life with us.
The sacraments give us grace. Grace is the gift of God sharing his own life with us.
The 1st sacrament we receive is Baptism.
Baptism forgives our sins and heals our broken relationship with God.
Baptism makes us members of the church.
Through Baptism, we share in the saving mission of Christ.

Did You Know? – The Seven Sacraments

When each sacrament is celebrated, it gives us the grace belonging to that sacrament.
It produces fruit in us if we are prepared to receive these graces.

Did You Know? – Grace

Sanctifying grace is the gift of God's own divine life in us.
Actual grace is the gift of God that helps us to choose good instead of evil.

Let's Do Activities

Christ Gives Us the Church

Jesus establishes the church to continue his mission on earth.

Story of a Saint – Pope St. John Paul II

St. John Paul II had a special love for young people.

Let's Read a Story – Grace

Nick and Sam make some poor choices when they go on a hike with their family. Despite these bad decisions, their parents patiently help them & take care of their needs.

YOU ARE FORGIVEN – SCOPE & SEQUENCE

Session 5 – Life in Christ

OBJECTIVES

1. God gives us his laws because he wants what is good for us.
2. Sin is a choice against loving God & neighbor.
3. Mortal sin breaks our relationship with God;
 - venial sin hurts our relationship with God, but does not break it.
4. Our conscience is God's gift that helps us to do good and avoid evil.
5. Our conscience needs to be formed according to God's Word.
6. When we sin, we must repent & ask God for forgiveness.

KEY WORDS

1. **Beatitudes** – The blessings promised by Jesus to those who live according to his teachings.
2. **Mercy** – Loving kindness & forgiveness shown to others, especially when they have hurt us.
3. **Mortal Sin** – A serious sin that separates us from God & results in the loss of sanctifying grace.
4. **Venial Sin** – A lesser sin that harms our relationship with God but does not separate us from God.
5. **Conscience** – A special voice inside us telling us what is right & wrong.
6. **Conversion** – Turning back to God after we have sinned.
7. **Contrition** – Sorrow for sin; it includes the intention not to sin again.

Memory Verse

Matthew 5:16

“Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven.”

Key Points

1. When we break God’s laws, we commit sin, which
 - hurts us,
 - the people around us, and
 - our relationship with God.
2. Our conscience is God’s gift to help us know the difference between right and wrong.
3. The 3 requirements for a sin to be mortal are:
 1. it is a very serious sin
 2. you know it is a serious sin when you commit it
 3. you choose to commit it of your own free will.
4. A person who is aware of having committed a mortal sin should go to the Sacrament of Reconciliation as soon as possible.
5. Venial sins hurt our relationship with God, but they do not break it.

YOU ARE FORGIVEN – SCOPE & SEQUENCE

Session 5 – Life in Christ

Let's Watch – Morality: Choosing What Is Right

God created us in his image and likeness so we have free will.

We have to choose whether to love God and others, or not.

Choosing the right thing takes practice – this is called virtue.

When we sin, God is always ready to forgive us in the Sacrament of Reconciliation.

Let's Read God's Word – God's Blessing for His People

Jesus teaches us about the kind of life God wants us to live.

The Beatitudes are some of God's blessings for his faithful people.

Let's Learn About Our Faith – Turning Back to God

God's laws are all about what is best for us.

When we break God's laws, we commit sin.

Sin hurts us, the people around us, and our relationship with God.

There are 2 types of sin: mortal & venial.

A person who is aware of having committed a mortal sin should go to the Sacrament of Reconciliation as soon as possible.

The 3 requirements for a sin to be a mortal sin are:

it is very serious sin (grave matter)

you know it is a serious sin when you commit it (full knowledge)

you choose to commit it of your own free will (complete consent).

If a sin does not meet all 3 requirements for a mortal sin, then we would not be guilty of mortal sin.

Venial sins hurt our relationship with God, but they do not break it.

Our conscience is God's gift to help us know the difference between right and wrong.

When we realize that we have sinned, we need to tell God that we are sorry & ask for his forgiveness.

This is what we do in the Sacrament of Reconciliation.

“Conversion” means turning back to God after we have sinned.

“Contrition” means sorrow for sins, including the intention not to sin again.

Did You Know? – Freedom

Following God's laws makes us free to live our lives fully and to find happiness.

Let's Do Activities

The Bee-Attitudes

God gives us his laws because he wants what is good for us.

Sin is a choice against loving God and neighbor.

Story of a Saint – St. Teresa of Calcutta

God asked St. Teresa to go out into the streets of Calcutta, India, and serve the poorest of the poor.

Let's Read a Story – The High Road

The Christian life is filled with choices – to obey and do the right thing, or to disobey and do the wrong thing.

We are tugged in both directions. Often, we confuse “what we want” with “what's right.”

YOU ARE FORGIVEN – SCOPE & SEQUENCE

Session 6 – The Sacrament of Reconciliation

OBJECTIVES

1. Jesus forgives our sins in the Sacrament of Reconciliation.
2. Jesus institutes the Sacrament of Reconciliation so we can know his forgiveness & mercy:
 - "Receive the Holy Spirit.
 - If you forgive the sins of any, they are forgiven;
 - if you retain the sins of any, they are retained."
3. Jesus is really present & acting through the priest to forgive our sins in the Sacrament of Reconciliation.
4. The Sacrament of Reconciliation
 - forgives our sins,
 - restores sanctifying grace, &
 - gives us grace to avoid future sins.

KEY WORDS

1. **Crucified** – Put to death by nailing to a cross.
2. **Resurrected** – Raised from the dead to new life.
3. **Sacrament of Reconciliation** – The sacrament in which we are reconciled to God when our sins are forgiven after Baptism.
4. **Sacrament of Penance** – Another name for the Sacrament of Reconciliation
 - that points to the penance we must do to repair the damage cause by our sin.
5. **Sacrament of Confession** – Another name for the Sacrament of Reconciliation
 - that points to the need to confess, or tell, our sins.
6. **Sacrament of Conversion** – Another name for the Sacrament of Reconciliation
 - that points to our conversion, our turning back to God after we sin.
7. **Successors** – The bishops to whom the Apostles passed on their leadership of Christ's Church.

Memory Verse

Psalm 51:10

- "Create in me a clean heart, O God, and renew a right spirit in me!"

Key Points

1. After Baptism we can still damage our friendship with God through sin.
2. Jesus gave his Holy Spirit to the Apostles so that they could forgive sins in his name.
 - Our bishops & priests today carry on Jesus' mission of forgiveness
3. Jesus is really present & working through the priest in Confession to forgive us of our sins.
4. God forgives our sins & gives us grace in the Sacrament of Reconciliation.
5. The Sacrament of Reconciliation heals our relationship with God & with his Church

YOU ARE FORGIVEN – SCOPE & SEQUENCE

Session 6 – The Sacrament of Reconciliation

Let's Watch – Reconciliation: God's Awesome Gift

Jesus' main mission is mercy – to forgive us and heal us from our sins.

He always wants to forgive us if we are truly sorry.

Jesus is really present & working through the priest to forgive us of our sins.

In the Sacrament of Reconciliation we know in a real way how God loves us & forgives us.

Let's Read God's Word – Peace Be With You

Jesus appeared to the Apostles in the Upper Room on the evening of Easter Sunday.

Jesus gave his Apostles the gift of the Holy Spirit so that they could forgive sins by his authority.

Jesus' main mission was mercy.

God still forgives our sins today through our bishops and priests in the Sacrament of Reconciliation.

Let's Learn About Our Faith – God Forgives Our Sins

After Baptism we can still damage our friendship with God through sin.

God forgives our sins & gives us grace in the Sacrament of Reconciliation.

The Sacrament of Reconciliation is also called the Sacrament of Penance, the Sacrament of Confession, and the Sacrament of Conversion.

Only God can forgive sins.

Jesus gave his Holy Spirit to the Apostles so that they could forgive sins in his name.

The bishops are the successors of the Apostles.

Our bishops today carry on Jesus' mission of forgiveness.

In Confession it is really Jesus who forgives our sins.

The Sacrament of Reconciliation heals our relationship with God and with his church.

There is no sin that God won't forgive, if we are sorry for it.

The Sacrament of Reconciliation gives us grace to avoid future sins.

Did You Know? – Shalom

God completely heals our relationship with him & the Church – in the Sacrament of Reconciliation.

Everything is good & right in our souls again.

Let's Do Activities

Jesus Heals My Heart

The Sacrament of Reconciliation forgives our sins, restores sanctifying grace, & gives us grace to avoid future sins. Jesus is really present & acting through the priest to forgive our sins.

Story of a Saint – St. Faustina Kowalska

Jesus, in the Divine Mercy image, appeared to St. Faustina and asked her to promote his Divine Mercy.

Let's Read a Story – The Low Road

When we rely on our own wisdom instead of God's, we often end up making the wrong choice – and there are consequences for making poor choices. These consequences can be a wake-up call to help us acknowledge that we have done something wrong & need to ask forgiveness for our sins.

YOU ARE FORGIVEN – SCOPE & SEQUENCE

Session 7 – Celebrating Reconciliation

OBJECTIVES

1. 7 Steps for going to confession.
2. The Examination of Conscience: We ask the HS to reveal our sins & to help us make a good confession.
3. Confession of Sins: We tell the priest our sins, starting w/the most serious sins.
4. Penance: We receive a penance from the priest to make satisfaction for our sins.
5. Absolution: The priest gives us absolution for our sins & the HS comes to forgive us of our sins..

KEY WORDS

1. **Penance** – An act done to repair the damage caused by our sins,
 - usually through prayers or doing good works.
2. **Penitent** – The sinner who repents of sin and seeks forgiveness.
3. **Examination of Conscience** – Looking at our words & actions to determine how we may have sinned.
4. **Perfect Contrition** – When we are sorry for our sins
 - because we love God & are sorry for having offended him.
5. **Imperfect Contrition** – When we are sorry for our sins
 - because we are afraid of being punished or because we recognize the ugliness of sin.
6. **Absolution** – The words said by the priest that forgive us of our sins in the Sacrament of Reconciliation.

Memory Verse

James 4:8

- “Draw near to God and he will draw near to you.”

Key Points

1. The 3 actions we must do for the Sacrament of Reconciliation are:
 - **repent ... confess our sins to a priest ... do penance**
2. We must confess all mortal sins in kind & number.
3. We should confess our venial sins as well.
4. Perfect contrition means being sorry for our sins because we love God.
5. Imperfect contrition means being sorry for our sins because we are afraid of punishment or recognize the ugliness of sin.
6. When the priest says the words of Absolution, the Holy Spirit forgives us of our sins.

Let's Watch – How to Make a Good Confession

The way to prepare our hearts to go to the Sacrament of Reconciliation.

The different steps of how to go to confession.

What a penance is and how we do our penance.

Let's Read God's Word – Lost and Found

The younger son felt contrition when things started going badly for him in the foreign land.

The father gladly forgave his son and welcomed him home.

The older brother did not think the father's forgiveness was fair because he didn't understand his love.

When we sin & turn back to God, it is like we were dead and are brought back to life.

YOU ARE FORGIVEN – SCOPE & SEQUENCE

Session 7 – Celebrating Reconciliation

Let's Learn About Our Faith – Draw Closer to God

In the Sacrament of Reconciliation, God runs out to meet us & welcomes us home.

The 3 things we must do for the Sacrament of Reconciliation are:

repent ... confess our sins to a priest ... do penance.

Penance repairs the damage caused by our sins.

We are called penitents when we repent of our sin & seek forgiveness.

We get ready for Confession by making an examination of conscience.

We must confess all mortal sins in KIND (what we did) and NUMBER (how many times we did it) in the Sacrament of Reconciliation.

It is a very good idea to confess our venial sins in the sacrament as well.

Everything we say in Confession is completely secret.

The Act of Contrition is the prayer that tells God we are sorry.

Perfect contrition means being sorry for our sins because we love God.

Imperfect contrition means being sorry for our sins because we are afraid of punishment.

God still forgives us if we only have imperfect contrition.

When the priest says the words of Absolution, the Holy Spirit comes to forgive us of our sins.

Did You Know? – Zacchaeus's Penance

Zacchaeus made satisfaction for his sins by giving half his money to the poor.

This is Penance – repairing the damage we have caused.

Let's Do Activities

Seven Steps

Learn about the steps for going to confession.

Examination of Conscience: Ask the Holy Spirit to reveal our sins & make a good confession.

Confession of Sins: We tell the priest our sins, starting with the most serious sins.

Penance: We receive a penance from the priest to make satisfaction for our sins.

Absolution: The priest gives us Absolution for our sins and the Holy Spirit comes to forgive us of our sins.

Story of a Saint – St. Padre Pio

At the age of 15, Padre Pio understood God wanted him to become a priest.

God gave him the special gift of the stigmata – the wounds of Jesus on his hands and feet.

Padre Pio spent several hours every day hearing confessions & forgiving people's sins so they could become closer to Jesus.

Let's Read a Story – The Long Road

It's hard to admit when we are wrong. When we have made bad choices, the guilt and shame can trick us into thinking that our mistakes are bigger than the love God and our parents have for us. But Love always comes looking for the beloved.