

YOU ARE LOVED – SCOPE & SEQUENCE

Session 1 – Preparing the Way for Christ

OBJECTIVES

1. God saves his people Israel by delivering them from slavery through the Passover event and by feeding them with manna in the desert.
2. Passover is one of the most important sacrifices for the Jewish people, and God wanted them to remember this saving event every year.
3. Sacrifice is offering something to God in atonement for sin or in thanksgiving for God's great gifts.
 - Jesus offered himself as a sacrifice so that our sins could be forgiven.
4. The most important way we offer sacrifice to God is by attending Mass where we can unite our lives to Jesus' sacrifice on the Cross.
5. Today, every Catholic Church has a Tabernacle where the Eucharist is reserved for prayer and adoration outside of Mass.
 - Jesus is truly present in the Tabernacle.

KEY WORDS

1. **Moses** – An Israelite who was adopted by an Egyptian princess. God chose him to deliver the Israelites from slavery.
2. **Plagues** – a series of disasters that God brought upon Egypt.
3. **Sacrifice** – Offering of something to God for the forgiveness of sin or in thanksgiving for God's great gifts.
4. **Unleavened bread** – Bread that is made without yeast so that it doesn't rise.
5. **Passover** – The memorial that recalls how God saved his people from slavery & death in Egypt.
6. **Manna** – The bread from heaven that God gave to the Israelites in the desert.
7. **Israel** – The nation that God chose to be his Chosen People.
8. **Seder Meal** – A memorial meal which recalls the exodus of the Israelites from slavery in Egypt.

Memory Verse

John 6:48-49, 51

- "I am the bread of life. Your fathers ate manna in the wilderness... I am the living bread which came down from heaven."

Key Points

1. God saved his people from slavery at the 1st Passover.
2. For the Passover, the Israelites had to sacrifice a lamb, put its blood on their doorways, and eat the lamb with unleavened bread.
3. In the desert, God fed his people with bread from heaven called manna.
4. The Tabernacle was God's home with his people in the desert.
5. Sacrifice is an action that shows how much we love God.

Let's Watch – God Is with Us (Matt & Avila)

The Eucharist is really the body and Blood of Christ and is the most special gift on earth.

We believe that Jesus is present in the Eucharist because God told us this truth.

Jesus comes to us in the form of bread and wine so that he can be close to us.

God has been planning to give himself to us in the Eucharist from the very beginning.

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Session 1 – Preparing the Way for Christ

Let's Read God's Word – The Feast of Passover

When Pharaoh would not let the Israelites go, God sent a 10th plague that resulted in the death of all the 1st born.

God saved his people from the 10th plague through the Passover.

For the Passover, the Israelites had to sacrifice a lamb, put its blood on their doorways, and eat the lamb with unleavened bread.

After the Passover, Pharaoh let the Israelites go, and God delivered them from slavery in Egypt.

God told the Israelites to celebrate the Passover the same way every year.

Let's Learn About Our Faith – Jesus is the True Sacrifice

God told his people to remember the way he saved them from slavery and death in Egypt by celebrating Passover every year.

Passover was 1 of the most important sacrifices and feasts.

In the desert, God fed his people with bread from heaven called manna.

The Tabernacle was God's home with his people in the desert.

Sacrifice is "something we offer or give up" that shows how much we love God.

Did You Know – The Passover Seder Meal

This is a memorial meal celebrated by Jews during Passover.

It recalls the exodus of the Israelites from slavery in Egypt.

There is a script with an order to it, which teaches how God saved his people.

Let's Do Activities

Jesus is the New Passover Lamb

Understand how God saved his people from slavery in Egypt.

Learn about the origin of Passover

Who Am I?

Better understand how God was present with his people in Egypt and in the desert.

Story of a Saint – St. Catherine of Siena

St. Catherine dedicated her life to serving Christ at a young age.

For many years, she ate no food except the Eucharist.

She helped teach people about God – at a time when there was a lot of confusion.

Let's Read a Story – Buried Treasure

Too often young people don't understand why the church talks about the past so much. Why should they care about Ancient Israel or the early Church? We need to impress upon them that understanding what God did in the past – through things like the Passover, Jesus and the early Church – reveals God's loving plan throughout history & how it impacts us in the present & throughout all eternity.

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Session 2 – The Last Supper

OBJECTIVES

1. Christ can do anything; even change bread & wine into his Body & Blood.
2. The miracle of changing water into wine at the Wedding at Cana
 - shows that Jesus is the Son of God and
 - points forward to the Eucharist.
3. At the Last Supper, Jesus institutes the Sacrament of the Eucharist.
4. Jesus tells the Apostles to celebrate the Eucharist in memory of him.
 - It is continued in the Church today at the Mass.
5. Just as the Passover was one of the most important events in the old Covenant,
 - the Eucharist is the source and summit of our lives as Catholics in the New Covenant
6. Real Presence means that the entire Person of the risen Jesus Christ is really present in the Eucharist - Body, Blood, Soul & Divinity.
7. When the priest says the words of Consecration, "This is my Body,:" and "This is the chalice of my Blood,"
 - the bread & wine are changed into the Body & Blood of Christ.
8. Transubstantiation means that the bread & wine really change into Jesus' Body & Blood.

KEY WORDS

1. **Mass** – The Liturgy in which we celebrate the Sacrament of the Eucharist.
2. **Instituted** – to start or create something that is going to continue.
3. **Memorial** – A celebration that helps us remember an important past event.
4. **Paschal Mystery** – Christ's work of redemption made possible by his Passion (suffering), Death, Resurrection, & Ascension into Heaven.
5. **Covenant** – A sacred relationship with God that makes us part of God's family.
6. **Transubstantiation** – The change of bread & wine into the Body & Blood of Christ.
7. **Real Presence** – The reality that Jesus is truly present, Body, Blood, Soul, & Divinity, in the Eucharist.
8. **Words of Consecration** – The words of Jesus that the priest repeats at Mass – "This is my body," and "This is the chalice of my blood."

Memory Verse

Matthew 26:26-28

- "'Take, eat; this is my body.' And he took a chalice ... saying, 'Drink of it, all of you; for this is my blood of the covenant.'"

Key Points

1. Jesus instituted the Sacrament of the Eucharist at the Last Supper.
2. When Jesus said to his Apostles, "Do this in memory of me,"
 - he made them priests so they could celebrate the Mass and give us the Eucharist.
3. Jesus' 1st miracle was changing water into wine at the Wedding Feast at Cana.
 - This points forward to the miracle of changing bread & wine into his Body & Blood at the Last Supper.
4. At Mass we are with Jesus at the last Supper & at the Cross.
5. Receiving Jesus in Holy Communion is 1 of the most important things we do as Catholics.

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Session 2 – The Last Supper

Let's Watch – Be His Friend – Chris S.

God created the Universe because he wants to have a relationship with you.

Friends do things for each other.

Jesus is our best friend because he gave himself to us on the Cross and in the Eucharist.

At the Last Supper, Jesus gave himself to us as food for our souls.

Jesus wants to be our close & intimate friend in the Eucharist.

He desires to give himself to us every time we go to Mass.

Let's Read God's Word – The Last Supper

The Last Supper was a Passover meal.

Jesus instituted the Sacrament of the Eucharist at the Last Supper.

When Jesus said, “Do this in memory of me,” he made the Apostles the 1st priests so they could celebrate the mass & give us the Eucharist.

The Eucharist is the New Passover.

We still celebrate the Sacrament of the Eucharist in the Mass today.

Let's Learn About Our Faith – Jesus Institutes the Sacrament of the Eucharist

Jesus' miracles show us that he is God and that he can do anything.

Jesus' 1st miracle was changing water into wine at the Wedding Feast at Cana.

This points forward to the miracle of changing wine into his Blood and the Last Supper.

At the Last Supper, Jesus changed the Passover meal into the memorial of his Paschal Mystery.

At Mass we are with Jesus at the Last Supper and at the Cross.

Receiving Jesus in Holy Communion is the source and summit of our lives as Catholics.

Did You Know? – Transubstantiation

The bread & wine are changed into the body & Blood of Jesus Christ.

Real Presence means that Jesus is really & truly present in the Eucharist – Body, Blood, Soul & Divinity.

Did You Know? – At the Last Supper

Jesus made his Apostles the priests – therefore, a Catholic priest can celebrate the Mass.

Jesus said the Words of Consecration for the 1st time at the Last Supper.

Let's Do Activities

Jesus is Really Present

Understand that the bread and wine are changed into Jesus' Body & blood.

Learn the name of this change: transubstantiation.

The Last Supper

Understand that the Eucharist was instituted by Jesus at the Last Supper.

Learn that Jesus tells the disciples to continue to celebrate the Eucharist, & it is continued in the Church today in the Mass.

Story of a Saint – St. Clare of Assisi

St. Clare loved & trusted in the Eucharist b/c she knew Jesus was truly present.

Let's Read a Story – Boxes

The Church marks important days and celebrates saints so we won't forget and can give thanks. Jesus told his disciples at the last supper to “do this in remembrance of me” for the same reasons.

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Session 3 – The Death & Resurrection of Jesus

OBJECTIVES

1. Jesus' Death, Resurrection, & Ascension into Heaven opened the gates of Heaven for the salvation of all God's children. – It is considered his greatest act of love.
2. The Resurrection is Jesus' rising from the dead on the 3rd day after his Death on the Cross.
3. The Ascension is when Jesus returned to the Father in Heaven, 40 days > his Resurrection.
4. Pentecost is when the Holy Spirit descended on Mary & the Apostles,
 - 50 days > his Resurrection –
 - 10 days > Jesus ascended into Heaven.
 - Pentecost is the birthday of the Church.
5. Grace is Jesus' life in our souls.
 - Sanctifying Grace is the gift of God's own divine life in us that makes us holy.
 - Actual Grace is God's gift to help us in each moment to love God and make the right choices.
6. We are the Body of Christ & continue the mission of Jesus to be witnesses of his love whenever we go.
 - The Eucharist strengthens us for this mission.

KEY WORDS

1. **Crucified** – To put to death by nailing or tying a person to a cross as a form of punishment.
2. **Sabbath** – The 7th day of the week, or Saturday
3. **Salvation** – The forgiveness of our sins and healing of our friendship with God so that we can be with him in Heaven.
4. **Resurrection** – Jesus' rising from the dead on the 3rd day after his Death on the Cross.
5. **Ascension** – When Jesus went up into Heaven, 40 days after his Resurrection.
6. **Pentecost** – The descent of the Holy Spirit upon Mary & the Apostles.
7. **Body of Christ** – Another name for the Catholic Church. After consecration, the bread becomes this.
8. **Witnesses** – People who tell others the truth about what they have seen and heard.
9. **Chrism** – The blessed oil used for anointing in Baptism & Confirmation.
10. **Sanctifying Grace** – The gift of God's own divine life in us that makes us holy.
11. **Actual Grace** – God's gift to help us in each moment to love God and make the right choices.

Memory Verse

John 3:16

- “For God so loved the world that he gave his only-begotten son, that whoever believes in him should not perish but have eternal life.”

Let's Watch – Jesus Gave You Everything (Dr. Scott)

Jesus gives everything to us in the Eucharist.

Jesus' Death & Resurrection is His greatest act of love.

The Last Supper is the New Passover, & Jesus is the Lamb of God.

Through his Death on the Cross, Jesus' love defeated sin, brought healing to our fallen human nature, & reconciled our relationship with God.

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Session 3 – The Death & Resurrection of Jesus

Let's Read God's Word – The Death & Resurrection of Jesus

Jesus really died on the Cross.

Jesus really rose from the dead 3 days later.

Let's Learn About Our Faith – Called to be Witnesses

Jesus died on the Cross for our salvation.

Salvation is the forgiveness of our sins & the healing of our friendship with God.

Jesus is the perfect Passover Lamb.

3 days > his Death on the Cross, Jesus rose from the dead.

40 days > his Resurrection Jesus ascended into Heaven.

50 days > his Resurrection, Jesus sent the Holy Spirit - the Feast of Pentecost & is the birthday of the Church.

As members of the Body of Christ, we share in Jesus' mission to bring God's love to everyone.

Did You Know? –

Jesus is the Lamb of God

At Mass, we literally say “Lamb of God” many times.

Source and Summit

The Eucharist is the biggest deal in the Catholic faith.

The Holy Spirit

The Blessed Trinity is 1 God in 3 Persons.

Jesus promised to send the Holy Spirit to be with us always.

The Holy Spirit strengthens us with his gifts

BAPTISM - We receive the Holy Spirit – we become TEMPLES of the Holy Spirit.

CONFIRMATION – we receive a special outpouring of the Holy Spirit – just like PENTECOST.

- increasing & deepening the grace of our Baptism.

Sanctifying Grace – the gift of God's own divine life in us that makes us holy

Actual Grace – helps us in each moment to love God & make the right choices.

Let's Do Activities

Jesus Came to Earth

Jesus was sent to unite with us in Holy Communion, to free us from sin so we can live forever w him in Heaven.

A-Maze-ing Faith

Mass attendance is important.

We are the Body of Christ, and receiving the Eucharist strengthens us to continue the emission of Jesus & to be witness of his love wherever we go.

Story of a Saint – Venerable Antonietta Meo

Antonietta knew that her mission from God was to offer her suffering for sinners so that they could share in Jesus' resurrection.

Let's Read a Story – Trading Places

Jesus gave up his life for all of us. He died that we might live.

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Session 4 – The Sacrament of the Eucharist

OBJECTIVES

1. The Real Presence is the teaching that Jesus is really & fully present - Body, Blood, Soul & Divinity - in the Eucharist.
2. Because of this, the Eucharist is the source & summit of our Catholic Faith.
3. Jesus unites himself with us & gives us grace when we receive the Sacrament of the Eucharist worthily.
4. Jesus says that his Body is true food & his Blood is true drink that will give us eternal life.
 - He is the true Bread from Heaven.
5. Every tiny piece of the Host & every drop of the Precious Blood is Jesus - Body, Blood, Soul & Divinity.
 - The Eucharist that we receive is the risen Body & Blood of Christ.
6. The Eucharist is so important in our Faith that we call it by many names, such as Eucharist (which means thanksgiving), the Most Blessed Sacrament, the Lord's Supper, Holy Communion, & Holy Sacrifice.

KEY WORDS

1. **Miracle** – A sign or wonder that can only be worked by God.
2. **Heaven** – The place where God dwells along with the angels & saints.
3. **Bread of Life Discourse** – Jesus' teaching on the Eucharist in the Gospel of John, chapter 6.
4. **Host** – The small wafer or piece of unleavened bread that becomes the Body of Christ.
5. **Tabernacle** – An ornate, box-like container where the Eucharist is reserved for prayer & adoration outside of Mass.
6. **Genuflect** – To bend the right knee to the floor or ground to show love & respect to Christ in the Tabernacle.
7. **Venial Sins** – Lesser sins that do not result in a complete separation from God.
8. **Act of Spiritual Communion** – A prayer in which we tell Jesus how much we want to be united with him.
9. **Eucharist** – The sacrament instituted by Christ at the Last Supper, in which bread & wine are changed into his Body & Blood.
10. **Lord's Supper** – The Passover meal that Jesus shared with his Apostles on the night before his Crucifixion.
11. **Holy Sacrifice** – In the Liturgy of the Mass, the sacrifice of Jesus on the Cross is made present to us.
12. **The Most Blessed Sacrament** – Another name for the Eucharist, because it is the center of the sacramental life of the Church.
13. **Holy Communion** – Another name for the Sacrament of the Eucharist because it unites us with Jesus.

Memory Verse

John 6:51

- "I am the living bread which came down from heaven; if anyone eats of this bread, he will live for ever."

Key Points

1. Jesus promised to give us his Flesh as true food & his Blood as true drink.
2. In the Eucharist, the bread & wine really become the Body, Blood, Soul, & Divinity of Jesus.
 - We call this the Real Presence.
3. Jesus is fully present Body, Blood, Soul, & Divinity in both species of the consecrated bread & wine.
4. Jesus is present in the Tabernacle;
 - We genuflect toward the Tabernacle to show our love & respect.
5. The Eucharist is the source & summit of the Christian life.

YOU ARE LOVED – SCOPE & SEQUENCE

Session 4 – The Sacrament of the Eucharist

Let's Watch – The Most Special Meal - (Jules – hungry, food is important)

Jesus promised that he would always be close to us in the Eucharist.

Jesus is true food for our souls to help us journey toward Heaven.

The Eucharist is the most special meal because we receive Jesus himself.

In the Eucharist, we become united more closely with Jesus.

Let's Read God's Word – Jesus Is the Bread of Life

Jesus performed a great miracle when he fed over 5,000 people with only 5 loaves of bread and 2 fish.

Jesus said that he is the Bread of Life.

Jesus promised to give us his Flesh as true food & his Blood as true drink.

Jesus said that anyone who eats his Flesh & drinks his Blood will have eternal life.

Let's Learn About Our Faith – The Real Presence of Christ in the Eucharist

The Bread of Life Discourse is the teaching Jesus gave about the Eucharist.

In the Eucharist, the bread & wine really become the Body, Blood, Soul & Divinity of Jesus.

We call this the Real Presence.

The Tabernacle is the special place, often shaped like a box, where Hosts are kept outside of mass.

Jesus is present in the Tabernacle, so we genuflect toward the Tabernacle to show our love & respect.

The Eucharist has many names, including the Lord's Supper, Holy Sacrifice, most Blessed Sacrament, Holy Comm.

Jesus unites us to himself & gives us his grace in the Eucharist.

The Eucharist is the source & summit of the Christian life.

Receiving the Eucharist forgives our venial sins & helps us avoid sin in the future.

An Act of Spiritual Communion is a prayer that asks Jesus to come into our hearts in a special way,
even if we cannot receive Jesus in the Eucharist.

Did You Know? – What do we Call it?

We have several names for it b/c it is so important.

Let's Do Activities

Eucharist Mosaic

Jesus is really present to us in the Eucharist.

The Eucharist that we receive is the Body & Blood of the Risen Christ.

The Source & Summit

Jesus is truly present in the Eucharist, which is the source & summit of our Catholic Faith.

Story of a Saint – St. Tarcisus

St. Tarcisus was so faithful to Jesus that he held him close & died protecting the Eucharist from harm.

Let's Read a Story – How Small is God?

This story is intended to help the students think more deeply about the Eucharist & relate these thoughts to their own lives.

YOU ARE LOVED – SCOPE & SEQUENCE

Session 5 – Receiving Holy Communion

OBJECTIVES

1. Jesus is truly present in the Eucharist - Body, Blood, Soul and Divinity.
 - He is present in every drop of the Precious Blood and in every piece of the Host.
2. Receiving the Eucharist at Mass is so important that we should do some special things to prepare our bodies & our souls.
3. We prepare our
 - bodies to hunger for Jesus by fasting from food & drink for 1 hour before receiving Holy Communion.
 - souls by going to Confession if we have committed a mortal sin so we can receive Jesus in the state of grace.
4. We can receive the Host on the tongue or in the hand, where we have made our hands like a throne for Jesus.
 - We must always show proper reverence when receiving Christ.
5. We receive special graces when we receive the Eucharist:
 - we have a very special union with Christ and his Church,
 - our baptismal graces are increased and renewed,
 - our venial sins are forgiven, and
 - we grow in love of God and of others.

KEY WORDS

1. **State of Grace** – The state of having God’s divine life of grace within us.
2. **Mortal Sin** – A serious sin that separates us from God.
3. **Reverence** – To show respect, especially for things that are holy.
4. **Eucharistic Fast** – The rule that we must not eat or drink anything for at least 1 hour before receiving Holy Communion.
5. **Consecrated** – The bread & wine that has been changed into the Body & Blood of Jesus.
6. **Monstrance** – The special vessel used to display the Blessed Sacrament for Adoration.
7. **Adoration of the Blessed Sacrament** – The special act of worshipping Jesus in the Blessed Sacrament.

Memory Verse

John 6:55

- “For my flesh is food indeed, and my blood is drink indeed.”

Key Points

1. In the Eucharist, we share in the Body & Blood of Christ.
2. We need to be in the state of grace to receive Communion.
3. We fast from all food & drink for 1 hour before receiving Communion.
4. Jesus is completely present in every drop of the precious Blood & every piece of the Host.
5. same as # 5 above.

YOU ARE LOVED – SCOPE & SEQUENCE

Session 5 – Receiving Holy Communion

Let's Watch – Jesus is really present.

God, from the beginning, desires to have a very special friendship with us.

Jesus gives us the Eucharist as the ultimate gift of his friendship.

Transubstantiation is the change of bread & wine into the body & blood of Christ.

At every mass, we really enter into what Jesus did at the Last supper.

We need to prepare ourselves at Mass to receive Jesus & to offer ourselves back to him.

Let's Read God's Word – St. Paul Writes about the Eucharist.

St. Paul wrote to the church in Corinth about the Eucharist.

We were made for God and must not worship any false gods.

Worshipping God draws us closer to God and to each other.

The cup & bread of the Eucharist let us share in the Body & blood of Christ.

The Eucharist unites us to Jesus and to each other.

Let's Learn About Our Faith – Preparing for Holy Communion

The Eucharist is so special that we need to do special things to get our bodies and our souls ready to receive it.

We need to be in the state of grace to receive Communion.

We fast from all food and drink for 1 hour before receiving Communion.

We can receive the Host on our tongues or in our hands, shaped like a throne to receive Jesus.

When we receive the Precious Blood, we must hold the chalice carefully with both hands and take a small sip.

Did You Know? – What is a Host

The word “host” comes from the Latin word *hostia*, which means a victim of a sacrifice.

Did You Know? – Adoration of the Blessed Sacrament

During Adoration, we pray in front of Jesus, who is present in the Eucharist displayed in the Monstrance.

Let's Do Activities

God's Special Gift

Receiving the Eucharist at Mass is so important that we should do some special things to prepare our bodies & our souls.

We prepare our souls by going to Confession if we have committed a mortal sin so we can receive Jesus in the state of grace.

Graces Tic-Tac-toe

We receive special graces through the Eucharist.

Story of a Saint – St. Anthony of Padua

A hungry donkey chooses the Blessed Sacrament instead of a pile of hay.

Let's Read a Story – Ducks

With turning water into wine, Jesus took one thing and made it into another. With the loaves and fishes he took ordinary things and did something extraordinary with them. And even though he looked like a normal man, he was God. The Eucharist looks like bread & wine, but is really the Body & Blood of Christ.

YOU ARE LOVED – SCOPE & SEQUENCE

Session 6 – The Liturgy of the Mass

OBJECTIVES

1. The liturgy of the Mass is our public worship & participation in the work of God.
2. The last supper & the sacrifice of Jesus on the Cross are made present in the Liturgy of the Mass.
3. The Mass is celebrated on Sunday because that is the day Jesus was raised from the dead.
 - As Christians we have the gift and obligation to attend Mass every Sunday
4. At Mass we
 - participate in the 1 sacrifice of Jesus on the Cross, and
 - we partake of the Body & Blood of Christ, which nourishes our souls.
5. Each Mass is a participation in the heavenly liturgy,
 - where we are actually worshipping with all the angels & saints in Heaven.

KEY WORDS

1. **Liturgy** – The words and actions that we use when we worship God and celebrate the sacraments.
2. **Liturgy of the Mass** – The Liturgy which is comprised of the Liturgy of the Word & the Liturgy of the Eucharist
3. **Liturgy of the Word** – The 1st part of the Mass in which the Word of God in the readings from Scripture is proclaimed.
4. **Liturgy of the Eucharist** – The 2nd part of the Mass - bread & wine become the Body & Blood of Christ.
5. **Lord's Day** – Another name for Sunday because the Lord rose from the dead on a Sunday.
6. **Holy Days of Obligation** – Feast days that celebrate special events. Catholics are required to attend Mass on these special days.

Memory Verse

Exodus 20:8

- “Remember the Sabbath day, to keep it holy.”

Key Points

1. Jesus gave us the Eucharist at the Last Supper, which was the 1st Mass.
2. In the Mass, we are present at & participate in the Last Supper & the Crucifixion.
3. The Mass is the 1-time, perfect sacrifice of Jesus on the Cross.
4. The Liturgy of the Mass has 2 parts:
 - The Liturgy of the Word and
 - the Liturgy of the Eucharist.
5. We have the gift & the obligation to go to Mass every Sunday & on Holy Days of Obligation, unless there is a serious reason.

Let's Watch – The Mass is awesome.

The Mass is all about our communion with God and the entire Church, the Body of Christ.

We participate in the Mass with all Catholics of all times and with all of the angels and saints in Heaven.

The Last Supper was the first Mass.

At every Mass we re-enter into the saving events of Jesus' life.

At the Mass we give ourselves completely to God.

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Session 6 – The Liturgy of the Mass

Let's Read God's Word – The Letter of St. Paul to the Corinthians

Jesus gave us the Eucharist at the Last Supper and told us how to celebrate it.

We can't change the Liturgy of Eucharist.

Jesus is really present with us in the Eucharist until he comes again in glory at the end of time.

We need to receive the Eucharist with respect and reverence.

Let's Learn About Our Faith – The Liturgy of the Mass

The Last Supper was the 1st Mass.

Liturgy is our public worship and our participation in the work of God.

The Mass makes present the one-time, perfect sacrifice of Jesus on the Cross.

In the Mass, we worship God with the angels and saints who are in Heaven.

The Liturgy of the Mass has 2 parts: The Liturgy of the Word & the Liturgy of the Eucharist.

The Sabbath of the New Covenant is Sunday, the Lord's Day, and the Day of the Resurrection.

We have the gift and the obligation to go to Mass every Sunday and on Holy Days of Obligation.

It is a grave sin to miss Mass on a Sunday or a Holy Day of obligation, unless there is a serious reason (like being sick).

Did You Know – A Liturgy for all time

The Liturgy of the Mass today has the same parts as that celebrated almost 2000 years ago.

Did You Know – Why do we need to go to Mass?

The Sabbath of the New Covenant is Sunday – it is the Lord's Day, the day of the Resurrection.

We must go to Mass on the holy Days of Obligation.

Let's Do Activities

Mass & Paschal Mystery

God makes the sacrifice of Jesus on the Cross present to us in the Mass.

At Mass we will participate in the 1 sacrifice of Jesus on the Cross, and we partake of the body & Blood of Christ that nourishes our souls.

The Saints Teach us about the Mass

Each Mass is a participation in the heavenly liturgy, where we are actually worshipping with all the angels and saints in Heaven.

Learn what great saints taught about the Mass.

Story of a Saint – St. Dominic Savio

He devoted himself to going to Confession often & attending daily Mass & prayer.

He died at the age of 14 from a lung ailment.

The other boys often made fun of him for praying so much.

He was always looking for ways to make small sacrifices for his friends.

Let's Read a Story – Once upon a time

This story will help to stimulate a discussion about being bored in church and what can be done about it.

YOU ARE LOVED – SCOPE & SEQUENCE

Session 7 – The Liturgy of the Word

OBJECTIVES

1. The Mass is 1 act of worship with 2 parts: the Liturgy of the Word and the Liturgy of the Eucharist.
2. The 1st part of the Mass is called the Liturgy of the Word,
 - in which we hear readings from Holy Scripture.
3. After the readings, we pray the Creed,
 - which is a statement of everything we believe as Catholics and
 - is our response of faith to the Word of God.
4. The entire Liturgy of the Word
 - shows God's loving plan of salvation &
 - prepares our hearts for the Liturgy of the Eucharist.

KEY WORDS

1. **Introductory Rites** – The opening words & actions that come before the Liturgy of the Word.
2. **Entrance Antiphon** – The song that is sung as the priest enters the church for Mass.
3. **Sign of the Cross** – A large cross that is traced from forehead to chest & from left to right shoulder.
4. **Penitential Act** – The prayer in which we tell God we are sorry for our sins & ask for his mercy.
5. **Gloria** – The ancient hymn of praise that we sing to God the Father, the Son, & the Holy Spirit at Mass.
6. **Collect** – The special prayer the priest prays at the end of the Introductory Rite.
7. **Liturgy of the Word** – The readings from Scripture and their explanation.
8. **1st Reading** – Reading, usually from the Old Testament. In it we hear about God's plan for salvation.
9. **Responsorial Psalm** – The psalm we sing together after the 1st Reading.
10. **2nd Reading** – The reading after the Responsorial Psalm from the Letters of the New Testament.
11. **Epistles** – The letters written to the early Church.
12. **Alleluia** – The chant sung before the Gospel meaning "Praise the Lord."
13. **Gospel** – The Reading from 1 of the 4 Gospels, telling us about the life of Christ.
14. **Homily** – An explanation of the readings, given by the priest or deacon.
15. **Creed / Profession of Faith** – Our response of faith to the Word of God we have heard in the readings.
16. **Prayer of the Faithful** – Prayers of intercession, for our parish, community, and the world.

Memory Verse

Luke 24:32

- "Did not our hearts burn within us while he talked to us on the road, while he opened to us the Scriptures?"

Key Points

1. The Introductory Rites help prepare us for the Liturgy of the Word.
2. In the Penitential Act, we tell God that we are sorry for our sins & ask for his mercy.
3. Jesus is present to us in the Word of God in Scripture.
4. The 1st part of the mass is called the Liturgy of the Word.
5. The Liturgy of the Word has 4 readings that prepare us to receive Jesus in the Liturgy of the Eucharist.

YOU ARE LOVED – SCOPE & SEQUENCE

Session 7 – The Liturgy of the Word

Let's Watch – Stories are amazing.

The Bible is the Word of God; it shows us how to live in union with him.

The Liturgy of the Word gives us very special stories from the Bible.

The Liturgy of the word has 4 readings from Scripture.

The Liturgy of the Word prepares us to receive Jesus in the liturgy of the Eucharist.

Let's Read God's Word – The Road to Emmaus – Part 1

Jesus' Death on the Cross was surprising and confusing for his disciples.

Jesus appeared to 2 of his disciples as they were walking from Jerusalem to Emmaus on Easter Sunday.

Jesus explained to his disciples how the Scriptures pointed forward to the Suffering and Death of the Messiah.

The disciples did not recognize Jesus on the road to Emmaus.

Let's Learn About Our Faith – The Liturgy of the Word

Jesus is present to us in the Word of God in Scripture.

Every Mass has the same parts that are celebrated in the same order.

The 1st part of the Mass is called the Liturgy of the Word.

The Introductory Rites help prepare us for the Liturgy of the Word.

In the Penitential Act, we tell God that we are sorry for our sins and ask for his mercy.

The Gloria is an ancient hymn of praise to the Father, the Son, and the Holy Spirit.

The Liturgy of the Word has 4 readings from Scripture.

The 1st Reading is usually from the Old Testament.

The Responsorial Psalm is our response to God.

On Sundays and other special feast days, we have a 2nd Reading from the New Testament epistles.

In the Gospel, Jesus speaks directly to us.

The Creed is a summary of what we believe as Catholics.

The Prayer of the Faithful is the last part of the Liturgy of the Word.

Did You Know – The Word of God

God reveals himself to us in his Word.

The Word of God means 2 things: the Bible & Jesus

Let's Do Activities

The Liturgy of the Word

The 1st part of the Mass is called the Liturgy of the Word, where we hear readings from Holy Scripture.

The Nicene Creed

After the readings, we pray the Creed, which is a statement of all that we believe as Catholics.

It is our response of faith to the Word of God.

Story of a Saint – St. Justin Martyr

He taught about the importance of each part of the Mass & the amazing miracle of the Real Presence.

Let's Read a Story – Love Letters

As Catholics we are part of a community that celebrates its life at Mass.

And, as noted, the Scripture readings are like love letters from God to his people.

YOU ARE LOVED – SCOPE & SEQUENCE

Session 8 – The Liturgy of the Eucharist

OBJECTIVES

1. The Mass is 1 act of worship with 2 parts: the Liturgy of the Word and the Liturgy of the Eucharist
2. The 2nd part of the Mass is called the liturgy of the Eucharist,
 - in which Jesus becomes present to us, Body, Blood, Soul & Divinity.
3. Jesus' sacrifice on the Cross is made present to us,
 - and we also offer our lives as a living sacrifice to God.
4. When we receive Holy Communion, we are united with Jesus in a very special way.
5. The Mass sends us forth to spread the Gospel by the witness of our lives.

KEY WORDS

1. **Presentation of the Gifts** – The bread & wine are brought up to the priest.
2. **Presentation of the Altar** – The priest or deacon gets the altar ready by placing all the necessary items in their places.
3. **Prayer over the Offerings** – The prayer that the priest says over the bread & wine after they have been placed on the altar.
4. **The Eucharistic Prayer** – The center & High point of the Liturgy of the Eucharist.
5. **Preface** – The 1st part of the Eucharistic Prayer, where the priest gives thanks & glory to God.
6. **Sanctus** – The song we all sing in union with the hosts of Heaven: “Holy, holy, holy.”
7. **Epiclesis** – When the priest extends his hands over the bread & wine and asks the Holy Spirit to come down so that they may become the Body & blood of Christ.
8. **Institution Narrative** – The part of the Eucharistic Prayer that tells the story of the Last Supper.
9. **Words of Consecration** – “This is my Body, which will be given up for you,” & “this is the chalice of my Blood...”
10. The **Mystery of Faith** or **Memorial Acclamation** – In this prayer we remember the Passion, Death, & Resurrection of Jesus & express our faith that he will come again.
11. **Chalice** – The special cup that holds the wine that will become the Blood of Christ.
12. **Paten** – The special plate that holds the Host.
13. **Doxology** – The prayer of praise giving glory to God at the end of the Eucharistic Prayer, which the priest prays while elevating the host & chalice.
14. **Great Amen** – The “Amen” that the whole congregation says or sings in response to the Doxology.
15. **The Communion Rite** – We pray the Lord’s Prayer together.
16. **Lamb of God** – The prayer we say or sing together which begins: “Lamb of God, you take away the sins of the world, have mercy on us...”
17. **Holy Communion** – The time when we receive the Body & blood of our Lord under the appearance of bread & wine.
18. **Prayer after Communion** – The prayer the priest says after we have all received Holy Communion.
19. **Concluding Rite** – The priest gives us a final blessing, & we make the sign of the Cross. Then the priest or deacon announces that the Mass has ended.
20. **In Persona Christi Capitis** – The priest acts “in the Person of Jesus the Head,” as the representative of Jesus.

YOU ARE LOVED – SCOPE & SEQUENCE

Session 8 – The Liturgy of the Eucharist

Memory Verse

Luke 24:30-31

- “He took the bread and blessed and broke it, and gave it to them. And their eyes were opened and they recognized him.”

Key Points

1. Jesus gave us the Eucharist at the last Supper,
 - which was the 1st Mass.
2. During the Liturgy of the Eucharist,
 - the bread & wine really become the Body & Blood of Christ.
3. The Epiclesis is the prayer asking the Holy Spirit to come down &
 - change the bread & wine into the Body & Blood of Jesus.
4. The Words of consecration are the words Jesus spoke at the last Supper.
 - When the priest says these words, the bread & wine become the Body & Blood of Jesus.
5. It is really Jesus who offers the sacrifice of the Mass.

Let's Watch – The Miracle at Every Mass. (11 min)

This is a step-by-step explanation of the Liturgy of the Eucharist.

The priest explains each of the sacred objects that are used in Liturgy of the Eucharist.

When the priest says, “This is my Body,” and “This is the chalice of my Blood,” the bread and wine really become the Body and Blood of Christ.

Jesus gave us the Eucharist at the last supper, which was the first Mass.

When the priest celebrates Mass, he is obeying the command of Jesus to “do this in remembrance of me.”

Let's Read God's Word – The Road to Emmaus – Part 2

The disciples on the road to Emmaus did not recognize Jesus while he was explaining the Scriptures to them.

Jesus stayed to share a meal with his disciples.

The disciples recognized Jesus when he blessed and broke the bread, as he had done at the Last Supper.

The disciples were so excited to see and recognize Jesus that they immediately went back to Jerusalem to share the news.

Let's Learn About Our Faith – The Liturgy of the Eucharist

The Liturgy of the Eucharist begins with the Presentation of the Gifts, when the bread and wine are brought up and placed on the altar.

The Eucharistic Prayer is the heart of the Liturgy of the Eucharist.

In the Sanctus, we join our prayers to the angels and saints in Heaven.

The Epiclesis is the prayer asking the Holy Spirit to come down and change the bread and wine into the body and Blood of Jesus.

The Words of Consecration are the words Jesus spoke at the Last Supper.

When the priest says these words, the bread and wine become the Body and Blood of Jesus.

After the Eucharistic Prayer, we pray the Lord's Prayer, the prayer that Jesus taught us.

YOU ARE LOVED – SCOPE & SEQUENCE

Session 8 – The Liturgy of the Eucharist

Jesus is the Lamb of God, who takes away the sins of the world.

When we receive Holy Communion, we say “Amen” to show that we believe it is really the Body and blood of Jesus.

It is really Jesus who offers the sacrifice of the Mass.

The priest acts *in persona Christi Capitis*, which means the priest is acting as the representative of Jesus, the head of the Church.

In the Mass, we offer our lives as living sacrifices to God.

Did You Know – In Persona Christi Capitis

In persona Christi is a Latin phrase that means “in the Person of Christ the Head”.

This means the priest is acting as a representative of Jesus.

Did You Know – Our Own Sacrifice

The Eucharistic Prayer is a prayer that every baptized person present at the liturgy offers to God.

We are called to offer ourselves to God.

We can unite our sacrifice to the perfect sacrifice of Jesus to the Father in Mass.

Let's Do Activities

The Liturgy of the Eucharist

The 2nd part of the Mass is called the Liturgy of the Eucharist, in which Jesus becomes present to us Body, Blood, Soul & Divinity.

Jesus' sacrifice on the Cross is made present to us, and we also offer our lives as living sacrifices to God.

Story of a Saint – St. Pius X

He wanted young people to receive their 1st Communion at age 7 or 8.

He wanted everyone to receive Holy Communion as frequently as possible.

Let's Read a Story – The Big Picture

Sometimes things are confusing.

Good & bad things happen to us and the people we love.

We are tempted to think that life is a big mess.

But God is taking what looks like a mess and creating a beautiful picture.