

	Topic	Decision Point Video	Min.	About Confirmation	Handout
Session 1	<i>God has chosen you.</i>	10.1 What is Confirmation?	5	16,17 - The Sacraments 5 - What is Confirmation 8 - People at Confirmation 9 - Holy Oils	God has chosen you.
					<ol style="list-style-type: none"> 1. Do you believe that God has good plans for you? 2. Do you have a personal relationship with God? What does your relationship with God look like?
Session 2	<i>The Holy Spirit</i>	8.1 Who is the Holy Spirit?	9	6-7 - The Holy Spirit	Creed Comparison Holy Spirit Timeline
					<ol style="list-style-type: none"> 1. In your own words, who is the Holy Spirit? 2. Describe a time in your life when you felt inspired by the Holy Spirit.
Session 3	<i>Prayer</i>	8.4 Prompting	7	14-15 - What we believe 18-19 - Roles at Mass 20-21 - People at Mass	Connecting with God Prayer Process Card
					<ol style="list-style-type: none"> 1. When was the last time you felt the Holy Spirit prompting you to do something? Or not do something? 2. What is your favorite part of the Prayer Process? Why?
Session 4	<i>Reconciliation & Prayer</i>	10.2 Power of Preparation	6		Reconciliation guide
					<ol style="list-style-type: none"> 1. What event in your life have you prepared for more than any other? 2. Who have been your spiritual coaches and mentors throughout your life? 3. How has the way you pray and what you pray for changed over the past week?
Session 5	<i>Gifts</i>	8.2 Unopened Gifts	6	12-13 - Gifts of the Holy Spirit	Gifts/Fruits
					<ol style="list-style-type: none"> 1. Have you ever given someone a gift and he or she was ungrateful? How did that make you feel? 2. Which of the 7 Gifts of the Holy Spirit do you feel most in need of at this time in your life?
Session 6	<i>Fruits</i>	8.3 The Fruits of the Holy Spirit	5	10-11 - Fruits of the Holy Spirit	Gifts/Fruits
					<ol style="list-style-type: none"> 1. Which person in your life would you like to fill with joy? 2. How would a lack of self-control make it harder to experience the other 11 fruits of the Holy Spirit?
Session 7	<i>Who will guide you?</i>	10.3 How will Confirmation change you?	6	22-23 - Gestures 24-25 - Vestments 26-27 - What's inside church?	Hierarchy of Church Bishop Paprocki
					<ol style="list-style-type: none"> 1. In what practical ways do you think Confirmation will change you? 2. When did you last pray to the Holy Spirit, asking for help to make a decision?
Session 8	<i>The Rite of Confirmation</i>	10.4 On the Day	6	flip side- Confirmation Mass	Confirmation Responses
					<ol style="list-style-type: none"> 1. If you could ask the bishop one question, what would you ask? 2. Are you nervous about your Confirmation?

Access to the videos can be found at: <https://dynamiccatholic.com/confirmation/program-view/>

<https://www.youtube.com/watch?v=PWq3HzBSRnI&t=103s>